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	POLICY AND PROCEDURE		SUPERSEDES:	4151.1F December 19, 2016	
			OPI:	OPERATIONS	
			REVIEW DATE:	April 22, 2025	
			Approving Authority	Thomas Faust Director	
	SUBJECT:	INMATE RECREATION PROGRAM			
NUMBER:	4151.1G				
Attachments:	None				

SUMMARY OF CHANGES:

Section	Change
	<i>All mention of juvenile inmates has been removed from the policy.</i>

APPROVED:



Thomas Faust, Director

4/22/2024

Date Signed

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1. **PURPOSE AND SCOPE.** To establish procedures for inmate recreation programs including program coordination and supervision, facilities and equipment, community interaction and activities initiated by inmates at the Central Detention Facility (CDF) and Correctional Treatment Facility (CTF).
2. **POLICY.** It is the policy of the District of Columbia Department of Corrections (DOC) to encourage inmates to make constructive use of leisure time by providing recreation programs and activities, subject to safety and security requirements and the orderly operation of the Central Detention Facility and Correctional Treatment Facility.
3. **PROGRAM OBJECTIVES.** The expected results of the program are:
 - a. Inmate will be provided opportunities to participate in physical exercise and leisure activities.
 - b. Recreation programs and leisure activities will assist inmates in developing positive means of releasing tension and reduce idleness.
4. **NOTICE OF NON-DISCRIMINATION**
 - a. In accordance with the D.C. Human Rights Act of 1977, as amended, D.C. Official Code § 2-1401.01 et seq., (hereinafter, "the Act") the District of Columbia does not discriminate on the basis of race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, familial status, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income, status as a victim of an intrafamily offense, or place of residence or business. Sexual harassment is a form of sexual discrimination that is also prohibited by the Act. In addition, harassment based on any of the above-protected categories is prohibited by the Act. Discrimination in violation of the Act will not be tolerated. Violators will be subject to disciplinary action.
5. **AUTHORITY.** DC Code § 24-11.02, Powers; Promulgation of Rules [Formerly §24-442].
6. **DIRECTIVES AFFECTED**
 - a. **Directives Rescinded**
 - 1) PP 4151.1F Inmate Recreation Program (12/19/16)

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b. Directives Referenced

- 1) PP 2920.6 Housekeeping
- 2) PP 4210.2 Inmate Institutional Work Program
- 3) PP 5009.2 Searches of inmates, Inmate Housing Units, Work and Program Areas
- 4) PP 5010.3 Contraband Control
- 5) PM 5300.1 Inmate Disciplinary and Administrative Housing Hearing Procedures
- 6) PP 5500.2 Restrictive Housing of Inmates

7. STANDARDS REFERENCED

- a. American Correctional Association (ACA) 5th Edition Performance-Based Standards and Expected Practices for Adult Local Detention Facilities: 5-ALDF-5A-01, 5-ALDF-5C-02.

8. GENERAL REQUIREMENTS

- a. The Warden or designee shall provide inmates with opportunities to participate in recreational or leisure activities consistent with their housing status.
- b. The Warden or designee shall provide recreation and leisure activities and equipment that are appropriate and sufficient to meet the social, physical, psychological and overall wellness needs of inmates and that are consistent with the safety, security and orderly operation of the facility.
- c. Recreation supplies shall be issued to the housing units on a scheduled basis.

9. RESTRICTIONS TO CANCELLATION OF RECREATION ACTIVITIES

- a. Inmate Population
 - 1) The Warden or designee may cancel or terminate outside recreation and/or out-of-cell activities for the entire inmate population or for any group of inmates.

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- 2) *Notification of Temporary Cancellation.* When the Warden or designee cancels or terminates recreation activities based upon significant incidents, extraordinary occurrences or for extended periods of time, notification shall be made in accordance with PP 1280.2 *Reporting and Notification Procedures for Significant Incidents and Extraordinary Occurrences* and documented accordingly.
- 3) Upon the Warden's or Designee approval, a Shift Supervisor or higher authority may cancel outside recreation when hazardous weather or other life threatening environmental conditions exist. The Warden or designee shall rely on national weather alerts such as, but not limited to, ozone "Code Red", severe heat/humidity indexes, inclement weather, and conditions that cause hypothermia. The Warden/Designee may also rely on the advice from the DC Homeland Security and Emergency Management Agency.
- 4) The Warden and/or designee shall monitor recreation activity delays and cancellations and shall make appropriate operational or program adjustments to minimize the delay or loss of exercise time.

b. Canceling or Denying an Individual Inmate's Recreation Privileges

- 1) A Shift Supervisor or higher authority may temporarily deny or terminate an individual inmate's outside recreation and/or out-of-cell activities if he/she exhibits inappropriate behavior in accordance with PM 5300.1, *Inmate Disciplinary and Administrative Housing Hearing Procedures*.
- 2) The denial or termination shall be documented and notification made in accordance with PP 1280.2 in cases of significant incidents or extraordinary occurrences.
- 3) A Correctional Officer or Supervisor below the rank of Captain **shall not** cancel, deny, terminate or restrict an inmate's recreation or out-of-cell time.

10. PROGRAM COORDINATION AND SUPERVISION

- a. *Recreation Specialist.* The Recreation Specialist or designee shall plan, organize, and implement recreation, special events, leisure activities and on-unit intramural activities for the inmate population.
 - 1) Activity schedules shall be posted in the housing units. Any changes in the schedule shall be approved by the Warden or designee.

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- 2) Designated recreation staff shall ensure the programs meet the needs of the diverse inmate population.
- b. *Recreation Aides.* Consistent with PP 4210.2 *Inmate Institutional Work Program*, inmates work as Recreation Aides under the direct supervision of the designated recreation staff. Recreation Aides are strictly prohibited from exercising control over or supervising other inmates.

11. RECREATION/OUT-OF-CELL SCHEDULE

a. General Population

- 1) **Outside Recreation.** General population inmates shall receive outdoor recreation according to the established schedule.
- 2) **Inside Recreation.** Inmates in general population units may receive one (1) to five (5) hours of indoor out-of-cell activities per day for the purposes of physical exercise, leisure activities, social telephone calls, watching TV and attending to personal grooming such as hair care and showers.
- 3) **Leisure Activities.** Leisure activities shall be provided to general population inmates. These activities may include, but not be limited to, organized and informal games, sports, physical fitness, table games, art, unit intramural activities, social and cultural events, movies, and health education classes.

- b. **Restrictive Housing.** Inmates housed in the Restrictive Housing Units will receive a minimum of two (2) hours out of cell time each day, five (5) days per week.

c. Intake Inmates

- 1) Inmates who have completed intake/orientation and are cleared for general population status shall receive outdoor recreation similar to that provided to general population inmates in accordance with the established schedule.
- 2) Inmates who have not completed intake/orientation within seventy-two (72) hours or are not cleared for general population status (except medical deadlock) shall receive a minimum of one (1) hour of inside recreation/out-of-cell activities per day, five (5) days per week.

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3) Inside recreation/out-of-cell activities shall be provided according to the established unit schedule.

d. **Special Needs Inmates.** Inmates with a mental and/or physical condition that require different accommodations or arrangements than general population inmates normally would receive. This includes, but is not limited to, mentally ill, developmentally disabled, physically disabled, and infirmed inmates.

1) **Mental Health Unit Inmates**

a) **General Population**

(1) General population inmates housed at the CDF or CTF on the mental health unit shall have access to recreation programs, outside recreation, leisure activities and out-of-cell activities similar to that provided to the general population male inmates, unless restricted by the mental health staff for health concerns.

(2) Mental health staff may provide additional recreation and/or leisure activities as appropriate for the inmates' overall psychological and wellness needs.

b) **Mental Health** -Inmates with mental illness shall have access to recreation programs similar to that provided to general population inmates within the Mental Health Unit unless otherwise restricted by the mental health staff for health concerns.

2) **Inmates with Physical Disabilities and Infirmities**

a) Inmates with physical disabilities and infirmities shall receive outside recreation and out-of-cell activities consistent with their medical condition and contingent upon a clearance from the medical staff.

b) Medical staff may provide additional recreation and/or leisure activities as appropriate for the inmates' overall needs.

12. DRESS CODE. All inmates shall be properly dressed during outside recreation and out-of-cell time.

a. The inmate's uniform pants shall be pulled up and shirt tucked in at all times, including during and when moving to and from outside recreation or out-of-cell activities.

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- b. Inmates may wear institutional shorts under uniform pants and remove pants once they enter recreation yard.
- c. Inmates are prohibited from wearing boxer shorts underwear as an outer garment for gym wear.
- d. Inmates are prohibited from wearing any unauthorized headgear or clothing on the recreation yard.
- e. Inmates shall wear their identification wristband at all times.
- f. Inmates are prohibited from taking any items to the recreation yards.

13. INMATE CONDUCT

- a. Inmates are required to conduct themselves in a manner consistent with facility rules of behavior and shall maintain good sportsmanship when participating in recreational activities.
- b. Inmates not adhering to this directive shall be subject to disciplinary and/or administrative action(s) in accordance with PM 5300.1, "Inmate Disciplinary and Administrative Housing Hearing Procedures.

14. INSPECTIONS AND SUPERVISION DURING OUT-OF-CELL ACTIVITIES

- a. **Escorts.** Correctional Officers shall escort all inmates to and from the outside recreation yards.
- b. **Searches**
 - 1) Correctional Officers shall thoroughly search all inside recreation areas, recreation yards and stairwells prior to and at the conclusion of indoor, outdoor and out-of-cell activities.
 - 2) Correctional Officers shall conduct pat searches of inmates, and metal detection searches of inmates, who are participating in out-of-cell activities before exiting and upon return to the housing unit.
 - 3) Correctional Officers shall maintain security and patrol housing units during out-of-cell activities.

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- c. **Security.** Correctional Officers shall maintain accountability of all inmates during out-of-cell and outside recreation activities.

15. INSPECTIONS OF RECREATION AREAS, EQUIPMENT AND INMATES.

Housing Units recreation areas shall routinely be inspected. Maintenance problems shall be reported to Facilities Management in accordance with PP 7500.2 Facilities Maintenance. The Recreation Specialist or designee shall also be notified of any deficiencies.

DOC/PP4151.1G/4/22/24/OPP