

**Men's TAP COVID-19 Tablet Program Course Offerings**

Catagories	Program Course / Activity	Type
<b>Life Skills</b>		
<b>EMPLOYMENT</b>		
	Out of Prison, Out of work	Assignment
	Training and Preparing inmates for Post Prison Employment	Assignment
	How to Find a Job After Prison	Assignment
	Agencies and Corporations that hire Felons	Assignment
	What its like to get a job after prison in the United States	Assignment
	Out of Prison: Unemployment among formerly Incarcerated	Assignment
	5 Facts about Prisoners and Work	Assignment
	Got a Criminal Record: Will Hire	Assignment
	The Skills: New Life out of Prison	Video
	Mayor Bowser Invest in Returning Citizens	News Video
	Andre Ward Offers Tips for Landing a Job after Jail	Video
	Removing Barriers to Employment for Former Inmates	Video
	He Thought Prison was rough	Video
	From Prison to Paychecks	Video
	More Employers Look To hire formerly Incarcerated	Video
	Keys to Creating Effective Resumes for former Felons	Video
	How to find and do work you love	Video
	Learn to Listen: From incarceration to employment	Video
	Ban the Box: Why its so hard to get a job after incarceration	Video
	U.S. Black men least likely to gain employment	Video
	Finding Success after Prison	Video
	Blacks face economic disadvantage	Video
	Ex-prisoners speak on gaining a job	Video
	Former Incarcerated seek to find jobs for Others	Video
	Employment for Ex-cons	Video
	Hope After Prison	Video
	Employment after 31 years of Incarceration	Video
	Making a Living out of Prison	Video
	How to write a Winning resume in 2020	Video
	Skills to master the resume	Video
	Hiring formerly Incarcerated	Video
	Jobs for Felons	Video
	Great paying jobs for Felons	Video
	10 Top Paying jobs for Felons	Video
	Jobs for Felons 2020	Video

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

Jobs for Felons 2019	Video
Get a Job Quickly	Video
Work from Home for those with Criminal Records	Video
3 Best Jobs for Convicted Felons	Video
Top 10 Careers for Felons	Video
Work at Home for Felons and More	Video
Money Making Ideas for Felons	Video
What happens after you're released from Prison	Video
Race, Employment, and a Criminal Record	Video
Joblessness and poor neighborhoods	Video
How past crimes may drive job seekers into poverty	Video
A fine line between felons and entrepreneur	Video
Making a Living out of Prison	Video
<b>DECISION MAKING</b>	
7 Steps to Effective Decision Making	Assignment
Decision Making Process	Assignment
6 Tips for Better Decision Making	Assignment
Decision Making -1	Assignment
Stranded on A Desert Island	Assignment
Mastering the Decision Making Process: A Practical Guide	Assignment
Decision Making-2	Assignment
3 Ways to Improve Decision Making	Assignment
The Psychology of Decision Making Strategies	Assignment
Helping Ex-Prisoners to Make Decisions	Assignment
How to Start Making Big Life Decisions without Regret	Assignment
Jay-Z Patience and Persistence	Video
Will Smith Self Discipline	Video
Decision Making Exercise #48	Video
How to Improve your Life in 24 hours	Video
Discover the Quadrant	Video
Reclaiming the Man	Video
Empowering incarcerated people to make positive decisions	Video
How to Stay out of Prison	Video
How to Success in Life after Prison	Video
How to make tough decisions	Video
Jamelle Hill on receiving her first million dollar check	Video
Before you decide	Video
Decision Making Strategies	Video
Decision Making Model	Video
How to Improve Decision Making Skills	Video

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

The Power of Decision Making	Video
Getting out of Prison for Good Pt1	Video
Getting out of Prison for Good Pt2	Video
Master P: Top 10 rules to success	Video
How to Stop your Thoughts from Controlling your Life	Video
Poor Decision Making	Video
Decision Making Strategies	Video
How do we make Moral Decisions	Video
Are All Decisions based on Emotions?	Video
How I changed my Prison Mindset	Video
Poetry in Prison	Video
Inmates getting an Ivy League Education	Video
From Inmate to Scholar	Video
Prison Talk	Video
Change your Mindset, Change the game	Video
Stop Negative Self Talk	Video
Overcome negative Thoughts	Video
Control your Emotions	Video
Denzel Washington Life Advice	Video
Start with a Dream, End with a God	Video
This is how Successful people manage their time	Video
How to triple your memory with this trick	Video
How to come up with good ideas	Video
How not to settle for good enough	Video
How not to take things personally	Video
<b>VALUES AND PRINCIPLES</b>	
The Difference Between Values and Principles	Assignment
Why Principles Matter	Assignment
What are you Guiding Principles	Assignment
The difference between mindset, values, and principles	Assignment
How to define Values, Principles and Virtues	Assignment
The Prison Society: Values and Principles	Assignment
A Revolution of Values in the United States Criminal Justice System	Assignment
The Prison Society	Assignment
What are Values?	Assignment
Jessie Williams Condemns Police Brutality	Video
Rick Rigsby: The Wisdom of a 3rd grade Dropout	Video
Don't Allow your Life to Be Controlled by these 5 tips	Video
Re-humanizing Inmates	Video
Purpose, values, and Principles	Video

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How Values and Principles affect Life	Video
What's the difference between values and principles	Video
Values and Principles	Video
We we need core values	Video
My persinal foundation of auccess values and principles	Video
Values and Principles	Video
Morals, values and principles	Video
Morals of a Gentleman	Video
Why values matter	Video
Values, Beliefs and Attitudes	Video
Value Formation for You	Video
What is Justice	Video
Social Thinking	Video
Why Inmates are converting to Islam	Video
How to know your Life purpose in 5 minutes	Video
The English Teacher	Video
Traits that only 1% of Men Have	Video
1 Rule that High Valued Men follow	Video
5 Things High Valued Men never do	Video
Why every man needs core values	Video
12 Family Values every man should have	Video
How to become a High Valued Man	Video
Whaat is High Value anyway?	Video
Returning from Prison after 44 years	Video
How I succeeded after Prisoen	Video
Prisoners enroll in one of the toughest rehab programs	Video
Arnold Schwarzenegger: Success	Video
Kobe Bryant: The mindset of a Winner	Video
The Mind of Lebron James	Video
The Principle of Value	Video
11 Traits of a Sigma Male	Video
10 Signs of Mental Strength	Video
12 Signs you have genius level Intelligence	Video
Why do all Successful People Wake Up Early	Video
25 Rules young men should live by	Video
10 things every gentleman needs	Video
15 things everyman should have by 40	Video

ANGER MANAGEMENT	
Anger Management	Survey
14 Anger Management Techniques and how they work	Assignment

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	What is Anger?	Assignment
	Anger Management Patient Information	Assignment
	11 Anger Management Strategies that help you Calm down	Assignment
	Strategies on Anger Management Prevention	Assignment
	Anger: Its all in how you Think	Assignment
	Anger Management exercise to help you stay Calm	Assignment
	10 Tips to Manage Anger	Assignment
	5 Keys on How to Control your Anger	Video
	Anger Management Techniques	Video
	Clip From Anger Management (The Movie)	Video
	Christian Conte: Why I wanted to go to Prison	Video
	Clip From Anger Management (The Movie)	Video
	Anger Management: The Box	Video
	Anger Management: Protect your Mind	Video
	Anger Management	Video
	The 7 anger types and how to recognize	Video
	One Word: Anger Management	Video
	Anger Management: How to let go	Video
	Anger Management Techniques	Video
	Anger is your Ally	Video
	Angry Bird	Video
	Anger Management	Video
	How to Monitor and Manage your Anger	Video
	Anger Management Group	Video
	How to Control Anger for Men	Video
	A Japanese Method to relax in 5 minutes	video
	Anger Management: Warning Signs	video
	How to never get angry or bothered by people	video
	5 Simple Steps to manage Anger	video
	Teenagers Learning how to manage anger and fear	video
	Coping Skills- Anger Management	video
	Terry Crews: Before you get Angry	Video
	How do I know if I have Anger Management Issues	Video
	How to recognize a toxic relationship	Video
	Daniel Bryan receives Anger Management	Video
	Daniel Bryan and Kane unveil anger collage	Video
	<b>CRIMINAL THINKING</b>	
	Criminal Thinking	Assignment
	Think Change	Assignment
	Reflection and Change	Assignment

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	Outside Issues: Criminal Thinking	Assignment
	Criminal Thinking Pattern: A law breaking Action	Assignment
	Criminal behavior linked to thinking about risk	Assignment
	To Help A Criminal go Straight	Assignment
	Training the Brain to Stay out of Jail	Assignment
	Six Steps to Life	Video
	Returning Home	Video
	The Psychology of a Criminal	Video
	When do I stop being a Criminal	Video
	Breaking out of criminal thinking	Video
	From criminal thinking to moral integrity	Video
	We are all criminals	Video
	Mental health and Criminal justice	Video
	Change your mindset,Change the game	Video
	Secrets of Self Control	Video
	If you want to acheive your goal, don't focus on them	Video
	Vision on Mission: Changing your criminal thinking	Video
	Unhelpful Thinking	Video
	Why your Life is so Messed Up	Video
	A New Direction	Video
	Criminal Thinking Error	Video
	A Difference from Unusual Place	Video
	Stop Negative Self Talk	Video
	A simple way to Break a Bad Habit	Video
	Reentry Programs reduce Recidivism	Video
	The company you keep	Video
	6 Steps to Life Altering Change	Video
	Changing Antisocial Associates	Video
	Vision on a Mission	Video
	Roundtable: Prison- Punish or Rehabitate	Video
	How Norway reinvented Prison	Video
	DC Jail program focuses on rehab	Video
	Mike Tyson: I was insane and out of Control	Video
	How prison completely changed my Life	Video
	How denial works	Video
	Everything you think you know about addiction is wrong	Video
	Rock bottom isn't always what makes an addict change	Video
	Hooked, Hacked, Hijacked: reclaim your brain from addictive living	video
Life Skills Video		
	Life: A silent, smart and simple short film	Video

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

The Skills that gave him new life after prison	Video
Dr. Sebi- Eating meat/Religion	Video
Short Film: The Boss	Video
Short Film: Unspoken	Video
Short Film; The most Beautiful Thing	Video
Why do people go back to Prison	Video
Why so many people go back to Prison	Video
Returning from Prison after 44 years	Video
How I succeeded after Prison	Video
Returning from Prison after 44 years	Video
The Peculiar Patriot at DC Jail	Video
Book Club at DC Jail	Video
DC Jail Graduation	Video
DC Jail Programming	Video
Georgetown credit bearing program at DC Jail	Video
I Hesitate to tell you the impact of incarceration	Video
The day I left prison was the scariest	Video
Tupac's Top 10 rules to Success	Video
What happens after you're released from prison	Video

**NARCOTICS ANONYMOUS**

A New Vision	Meditation Reading
Keep Coming Back	Meditation Reading
Priority: Meetings	Meditation Reading
Detachments	Meditation Reading
Traveling the Open Road	Meditation Reading
A God of Our Own Understanding	Meditation Reading
Twelve Steps of Life	Meditation Reading
Recognizing and Releasing Resentments	Meditation Reading
Who Really gets Better	Meditation Reading
What If	Meditation Reading
God Does for Us	Meditation Reading
Self Worth and Service	Meditation Reading
The Power in the Group	Meditation Reading
As we Understand	Meditation Reading
Meeting the Days Challenge	Meditation Reading
Carry Me	Meditation Reading
Keep Coming Back	Meditation Reading
Sick and Tired	Meditation Reading
Direct and Indirect Amends	Meditation Reading
Build, Don't Destroy	Meditation Reading

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	Honest Prayer	Meditation Reading
	The Only Requirement	Meditation Reading
	Old Dreams Needn't Die	Meditation Reading
	Changing Motives	Meditation Reading
	Living Clean	Meditation Reading
	A vision of Hope	Meditation Reading
	Resistance to Change	Meditation Reading
	Accepting Life	Meditation Reading
	Walls	Meditation Reading
	Indirect Amends	Meditation Reading
	A sense of Humor	Meditation Reading
	Accepting Life As it Is	Meditation Reading
	Surrender	Meditation Reading
	Tolerance	Meditation Reading
	Not Just Lucky	Meditation Reading
	Surrendering Self Will	Meditation Reading
	Keeping Recover Fresh	Meditation Reading
	Maintaining the Foundation	Meditation Reading
	A Simple Program	Meditation Reading
	Comparing	Meditation Reading
	I'm Sorry	Meditation Reading
	We Do Recover	Meditation Reading
	Humility in Action	Meditation Reading
	An "Inside Job"	Meditation Reading
	Self-Esteem	Meditation Reading
	Using our "Using Dreams"	Meditation Reading
	Step 1	Meditation Reading
	Surrender is for Everyone	Meditation Reading
	Spiritual Death	Meditation Reading
	Surrendering Self Will	Meditation Reading
	The mask have to go	Meditation Reading
	We Do Recover	Meditation Reading
	Secrets and Intimacy	Meditation Reading
	Expectations	Meditation Reading
	Regular Inventory	Meditation Reading
	Freedom from Active Addiction	Meditation Reading
	Trusting People	Meditation Reading
	When is a secret not a secret?	Meditation Reading
	The Shape of our Thoughts	Meditation Reading
	The Gratitude List	Meditation Reading



Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

Regular prayer and meditation	Meditation Reading
Active Listening	Meditation Reading
Enough!	Meditation Reading
Diifcult People	Meditation Reading
Letting go of our Limitations	Meditation Reading
Tell the Truth	Meditation Reading
How long do I have to go?	Meditation Reading
Facing Death	Meditation Reading
Friendships	Meditation Reading
Seeking God's Will	Meditation Reading
The nineth step-Reclaiming Life	Meditation Reading
Tenth Step Inventory	Meditation Reading
Choosing Life	Meditation Reading
The Light of Exposure	Meditation Reading
Graditute	Meditation Reading
Real Values	Meditation Reading
Higher Powered	Meditation Reading
Humility expressed by Anonymity	Meditation Reading
Clustered Spirits	Meditation Reading
Emotional Balance	Meditation Reading
Going beyond Step 5	Meditation Reading
Honest Relationships	Meditation Reading
Prayer	Meditation Reading
Hope	Meditation Reading
Just for Today	Meditation Reading
Being Ourselves	Meditation Reading
Not Just a Motivation for Growth	Meditation Reading
Keeping Faith	Meditation Reading
Ask for Mercy, Not Justice	Meditation Reading
Amends without Expectations	Meditation Reading
Depending on our Higher Power	Meditation Reading
A New Pattern of Living	Meditation Reading
Order	Meditation Reading
Making a Difference	Meditation Reading
The end to loneliness	Meditation Reading
Choices	Meditation Reading
A Simple Prayer	Meditation Reading
Standing for Something	Meditation Reading
Freedom to Choose	Meditation Reading
God's Will Today	Meditation Reading

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Look Who's Talking	Meditation Reading
Surrender	Meditation Reading
The Path of Self Acceptance	Meditation Reading
Living in the Present	Meditation Reading
Attitudes	Meditation Reading
Living in the Now	Meditation Reading
Courage	Meditation Reading
Living with unresolved problems	Meditation Reading
No matter what	Meditation Reading
Exchanging Love	Meditation Reading
God's guidance	Meditation Reading
Understanding humility	Meditation Reading
The best-laid plans	Meditation Reading
Fear or Faith?	Meditation Reading
From surrender to acceptance	Meditation Reading
Our own story	Meditation Reading
Not perfect	Meditation Reading
Alone no more	Meditation Reading
Walking through the pain	Meditation Reading
Self-discovery	Meditation Reading
Sharing the real me	Meditation Reading
Life's Reward	Meditation Reading
Recovery: our first priority	Meditation Reading
Vision without limits	Meditation Reading
God will, not ours	Meditation Reading
Surviving our emotions	Meditation Reading
Calling a defect a defect	Meditation Reading
Listening	Meditation Reading
Winners	Meditation Reading
Misery is Optional	Meditation Reading
Addiction, Drugs, and Recovery	Meditation Reading
The Joy of Sharing	Meditation Reading
Where there's Smoke	Meditation Reading
Service Motives	Meditation Reading
The message of our meetings	Meditation Reading
Acceptance and change	Meditation Reading
A new way to live	Meditation Reading
Recovery at Home	Meditation Reading
How it Works	Meditation Reading
Recovery	Meditation Reading

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

Growing Up	Meditation Reading
Faith	Meditation Reading
Spiritual Awakenings	Meditation Reading
Surrender to Win	Meditation Reading
A loving God	Meditation Reading
The Simple Inventory	Meditation Reading
Making Mountains into molehills	Meditation Reading
Unity and uniformity	Meditation Reading
An added gift	Meditation Reading
Self Centeredness	Meditation Reading

**NA Speakers**

From Prison to Recovery	Recorded
Back to Life, we Live	Recorded
Recovery and Relapse	Recorded
Fear is a Lie	Recorded
Other Addictions in Recovery	Recorded
Everyday is a clean day won	Recorded
Ego vs Humility	Recorded
The Committee inside my Head	Recorded
Crack Addict- Norman	Recorded
Best AA Speech Ever	Recorded
The Now and Never group of NA	Recorded
Sponsorship	Recorded
A rehab jail for heroin addicts	Recorded
Great Leaders do what Drug Addicts do	Recorded
How Steve O got sober and stayed sober	Recorded
Climbing out of addiction and depression	Recorded

**ART THERAPY -Service Provider**

How to Draw a Rose	Video Tutorial + Assignment
How to Draw a Rainbow Tree	Video Tutorial + Assignment
African Masks in DC Museum Part 1	Video Tutorial + Assignment
How to Draw a Mailbox	Assignment
How to Draw a Grape Vine	Video Tutorial + Assignment
How to Draw Mr. & Mrs. Churchmouse	Video Tutorial + Assignment
Black Models in Modern Art	Video Tutorial + Assignment
A Talk with Mickalene Thomas	Video Tutorial + Assignment
How to Draw Daisy Duck	Assignment
How to Draw Hands & Feet	Reading
What is a Collage	Quiz
Meet Romare Bearden	Tutorial

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	What is Collage 2	Tutorial
	How to Draw a Mickey Mouse Face	Tutorial
	How to Draw a Train	Tutorial
	How to Draw a Pouncing Cat	Tutorial
	How to Draw a Cherry	Tutorial
	Graffiti Beyond the Streets	Tutorial
	How to Draw a Cartoon Parrot	Tutorial
	Lorton Art Teacher-Mia	Video
	Breakthrough Black Women Artists (Assignment)	Assignment
	How to Draw a Scholarly Owl	Tutorial
	How to Draw a Flower in a Vase	Tutorial
	How to Draw Snoopy and Woodstock	Tutorial
	How to Draw Snoopy	Tutorial
	How to Draw a Baby Tiger	Tutorial
	How to Draw a Mandala - Assignment	Assignment
	How to Paint like Monet-Part 1	Video
	How to Draw a Cartoon Giraffe	Tutorial
	Cubist Art	Tutorial
	How to Draw a Cute Snail	Tutorial
	African Masks in DC Museum Part 2	Tutorial
	How to Draw a Tropical Beach Scene	Tutorial
	Easy Steps to draw a Rose	Tutorial
	African Mask Quiz Part 2	Quiz
	Migration Series Part 2	Tutorial
	Migration Series Part 2	Tutorial
	Migration Series- The Movement	Tutorial
	Assignments for the Week of October 1	Tutorial
	Another Cityscape to Draw	Tutorial
	How to Draw a City	Tutorial
	Inside Africa's thriving art scene	Tutorial
	Turning trash into artwork	Tutorial
	How to draw a Unicorn	Tutorial
	How to draw Minnie's Face	Tutorial
	How to draw Goofy	Tutorial
	Instructions for the week of 10/7	Tutorial
	How to draw a Pumpkin	Tutorial
	How to draw a Haunted House	Tutorial
	How to draw a Maple Leaf	Tutorial
	How to draw a Witch Hat	Tutorial
	How to draw Princess Tiana	Tutorial

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	How to draw Simple Fall Leaves	Tutorial
	Instructions for the week of 10/14	Tutorial
	How to draw a Haunted House Scene	Tutorial
	How to draw a Mountain Landscape	Tutorial
	Instruction for 10.21.20	Tutorial
	Introduction to Abstract Art	Tutorial
	The Case for Abstraction	Tutorial
	How to draw a Cactus	Tutorial
	How to draw a Halloween Character	Tutorial
	How to draw an apple Harvest	Tutorial
	Instruction for 10.28.20	Tutorial
	How to Draw a Ballerina	Tutorial
	How to draw a Cartoon Turkey	Tutorial
	How to draw a Cornucopia	Tutorial
	How to draw a Cute Turkey for Kids	Tutorial
	How to draw a Minion	Tutorial
	How to draw Olaf from Frozen	Tutorial
	Interview with Julie Mehretu	Tutorial
	Instruction 11/12	Tutorial
	How to draw Charlie Brown and Snoopy	Tutorial
	How to draw Snoopy on Thanksgiving	Tutorial
	Lorna Simpson in the Studio	Tutorial
	Meet Artist Lorna Simpson	Tutorial
	How to Draw Funny Turkey	Tutorial
	How to Draw Another Thanksgiving Turkey	Tutorial
	Instructions 11.25	Tutorial
	How to Draw Baby Dory	Tutorial
	How to Draw Nemo	Tutorial
	Kehinde Wiley- A New Republic	Tutorial
	Kehinde Wiley & the Art World	Tutorial
	Instruction 12.02	Tutorial
	How to Draw a Birthday Cake One	Tutorial
	How to Draw a Birthday Cake Two	Tutorial
	How to draw a Birthday Cupcakes	Tutorial
	How to Draw Birthday Doodles	Tutorial
	How to draw Happy Birthday Balloons	Tutorial
	How to draw 3d lettering for Happy Birthday	Tutorial
	How to draw Happy Birthday Banner and Balloons	Tutorial
	How to draw Ribbon Banners	Tutorial
	Write Happy Birthday in Style	Tutorial

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	How to draw a Christmas Ornament	Tutorial
	How to Draw Frosty the Snowman	Tutorial
	How to Draw a Jolly Santa Claus	Tutorial
	How to Sketch Santa's Face	Tutorial
	Sketch a Christmas Stocking	Tutorial
	How to Draw Candy Cane	Tutorial
	How to Draw Christmas Lights	Tutorial
	How to Draw Christmas Tree One	Tutorial
	How to Draw Christmas Tree Two	Tutorial
	How to Draw Christmas Tree Two (1)	Tutorial
	How to Draw Christmas Wreath Joy	Tutorial
	How to Draw Rudolph Looking in a Window	Tutorial
	How to Draw Rudolph and Christmas Lights	Tutorial
	How to Draw Santa Face	Tutorial
	How to draw Six Different Snowflakes	Tutorial
	How to Draw Snowflake One	Tutorial
	How to Draw Snowflake Two	Tutorial
	Three Small Christmas Stockings	Tutorial
	One more Origami Christmas Tree	Tutorial
	Origami Christmas Ornament	Tutorial
	Origami Christmas Stocking	Tutorial
	Origami Christmas Tree	Tutorial
	Origami Christmas Wreath	Tutorial
	Origami Paper Star	Tutorial
	Origami Reindeer	Tutorial
	Origami Snowman more Complicated	Tutorial
	Origami Snowman	Tutorial
	Origami Winter Bear	Tutorial
	heart of Stone	Tutorial
	How to Sketch Animals	Tutorial
	Assignments & Instructions Week Jan 13th	Tutorial
	Landscape Doodles	Tutorial
	love Lettering	Tutorial
	Make a Rose from a Strip of Paper	Tutorial
	Make an Origami Flower	Tutorial
	Make an Origami Rose	Tutorial
	Months of the Year Doodle Words	Tutorial
	Origami Heart with Message	Tutorial
	Teddy Bear Valentine	Tutorial
	Valentine Heart and Rose	Tutorial

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	Valentine Card Doodles	Tutorial
Prison to Wall St		
	Curtis "Wallstreet" Carroll	Video
	Freeway Rick-most people are slaves	Video
	Freeway Rick Ross- Interview	Video
	Jay-Z Life Advice	Video
	The Racial Wealth Gap	Video
	Freeway Rick-most people are slaves	Video
	Freeway Rick Ross- Interview	Video
	Jay Z Life Advice	Video
	The Inmate Teaching Finance behind Bars	Video
	How to Accumulate Wealth	Video
	5 Steps to Financial Literacy	Video
	Man fighting return to Prison	Video
	Mass Incarceration	Video
	Former Bank Robber turns Life Around	Video
	Is Financial success harder for Black People	Video
	5 Incredible prison rehab programs	Video
	You will never be poor again	Video
	Escaping the Rat Race	Video
	The Untold truth about Money	Video
	How to become a Millionaire in 3 years	Video
	Design your dream life through passive income	Video
Inspiration		
	America Got Talent: Archie Williams	Video
	Denzel Washington	Video
	Donavahn Livingston- Harvard	Video
	TAP Educational Opportunity	Video
	The Stigma and Challenges of Formerly Incarcerated	Video
	Kodi Lee: Wows with Historical moments	Video
	Every kid Needs a Champion	Video
	Vice meets Michael K Williams	Video
	From Inmate to Inspiration	Video
	This is Life	Video
	Mandela: This is how I survived in Prison	Video
	Women Walks 12 Miles to work everyday	Video
	Dwayne "The Rock" Johnson: Motivation	Video
	Long-lost Brothers reunited	Video
	Mark Cuban: Winners outwork everyone	Video
	Steve Harvey Motivational Speech	Video

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The Future		
	The Future of Race in America: Michelle Alexander	Video
	Jamelle Hill: Social Injustice	Video
	Jamelle Hill speaks on Doc Rivers America doesn't love us	Video
	Incarceration in America	Video
	Unequal: Racism in American Prisons	Video
	Locked up as a Child	Video
	An Introduction of Michelle Alexander	Video
	Interview with Michelle Alexander	Video
	Shon Hopewell testifies on Bail reform	Video
	Shon Hopewell trying to change the Prison System	Video
	Shon Hopewell on CNN	Video
	History of African American: Past to the Future	Video
	The Future of America is Multi Cultural	Video
	The Future Of America	Video
	Cornel West: The Future of America Depends on How we respond	Video
	Roland Martin: Black Men need to handle their business	Video
	5 Black CEO's speak on Inequality on Corporate level	Video
	Top 10 Counties for future growth for African Americans	Video
	Top 10 Cities for Black money	Video
	5 worst cities for Blacks in America	Video
	5 Best cities for Blacks in America	Video
	Richest Blacks in America	Video
	Countries where Blacks travel and felt welcomed	Video
	Top 5 Countries to Avoid if you are Black	Video
	The Plight of African Americans	Video
Sports Stories		
	The Mamba Mentality	Video
	From Childhood Drug Dealer to NBA Champion	Video
	Ray Lewis Speech	Video
	Don't Ever Give Up	Video
	Kevin Durant MVP Speech	Video
	God's Will: Amad Anderson	Video
	Lakers Win Championship 2020	Video
	Te'a Cooper journey to WNBA	Video
	NBA players who are now broke	Video
	10 former NBA player who are still getting paid	Video
	African Americans in Baseball	Video
	Mookie Betts Post season Highlights	Video
	Mike Tyson conversation with Gervonte Davis	Video



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	Dr. J at famed Rucker Prk	Video
	Earl the Goat Manigault	Video
	NBA Funny Stories	Video
	Mike Tyson: Highs and polarizing lows	Video
	Deestroyer	Video
	How LeBron James spends 1.5 Million dollars a year on his body	Video
	The Washington Football team release Dwayne Haskins	Video
	A day in the Life: NFL vs College	Video
	The Superhuman comeback story of Alex Smith	Video
	Legend: Hank Aaron	Video
	Home Run Champion	Video
	First Take: Hank Aaron	Video
	NBA Legends and Players speak about Steph Curry	Video
<b>Health&amp;News</b>		
	COVID-19 Info	Video
	Communities of Color COVID-19	Video
	Washington Post: Black Communities more at risk	Video
	July is Minority Health Month	Video
	National Minority Health Month	Video
	Georgia Governor Sues Atlanta Mayor: Mask Mandate	Video
	Biden choice of Kamala Harris as running mate	Video
	No College Football 2020	Video
	Watch Kamala Harris make history at DNC	Video
	NBC Nightly News Sept.18,2020	Video
	What Coronavirus second wave means for America	Video
	Trump and Biden spar over Health care	Video
	WPTV News Brief	Video
	Latest COVID-19 Update	Video
	Final Presidential Debate Fact Check	Video
	Highlights of Final Presidential Debate	Video
	Recent COVID-19 Surge	Video
	News Update COVID-19	Video
	Election Update CNN	Video
	Exercise during COVID-19	Video
	Heart and Lung daily exercise	Video
	Foods that clean your arteries and prevent heart attacks	Video
	COVID case surge as election results pour in	Video
	Dejected Trump Waffles over Election	Video
	Trump Begins to come to grips with election results	Video
	New York Attorney General set to investigate Trump	Video

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	10 Herbs that kill Viruses fast	Video
	US COVID-19 Death toll	Video
	Midwest COVID-19 hotspots in the US	Video
	Trump administration Authorizes Biden Transition	Video
	President elect Biden Thanksgiving Address	Video
	COVID-19 Update	Video
	Lakers make moves in Free agency	Video
	Pelosi and McConnell meet on stimulus package	Video
	CoVID-19 case pass 13 million in US	Video
	How to convince the public of vaccine safety	Video
	COVID-19 Relief Package	Video
	New dire surge of COVID-19 after Christmas	Video
	Dr. Fauci on new COVID-19 strain found in UK	Video
	Top 10 unhealthy foods to avoid	Video
	TOP 10 Muscle Building Foods	Video
	What makes muscles grow	Video
	Rules former Presidents have to follow	Video
	Pro-Trump Supporters Storm the Capitol	Video
	DC Mayor Bowser call for police to protect Capitol	Video
	FBI investigating Capitol Riot	Video
	Collin Powell: Trump should step down	Video
	Trump leaves behind a legacy of Insurrection	Video
	Starbuck joining COVID-19 vaccine efforts	Video
	Trump plans military style send off for himself	Video
	Leaders make power grabs	Video
	Officials shut down capitol ahead of Inauguration	Video
	Green Zone perimeter established at the Capitol	Video
	Coronavirus Update	Video
	Poet Amanda Gorman: The Hill We Climb	Video
	President Biden greets Obama with fist bump at Inauguration	Video
	Clinton, Obama & Bush unite for President Biden	Video
	Biden's watch Inaugural fireworks from Whitehouse	Video
	Massive Fireworks at Whitehouse	Video
	Kamala Harris sworn in as First Female Vice President	Video
	Kamala Harris makes History	Video
	Hall of Fame Hank Aaron dies at 86	Video
Domestic Viol.		
	The Mirror	Video
	She Speaks Not- Short Film	Video

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	How Childhood Trauma Affects Health over a Lifetime	Video
	Men own your role in Domestic Violence	Video
	Domestic Violence	Video
	I'm Sorry	Video
	The Bruise under the Make up	Video
	Confronting the Victim Face to Face	Video
	Domestic Violence Against Men	Video
	Abuse	Video
	Short Film: Domestic Violence	Video
	I broke my Silence	Video
	Convicted Abusers reflect on Violent Behavior	Video
	I'm Finally speaking Out	Video
	Underestimating the Dangers of Domestic Violence	Video
	Men: The true victim of Domestic Violence	Video
	Counseling Domestic Violence	Video
	Domestic Violence: It's a Men's Issue	Video
	How to Combat Domestic Violence in our Community	Video
	I'm a Survivor	Video
	NYC Women shares story of Demestic Violence	Video
	Confronting Domestic Violence abusers Face to Face	Video
<b>Black Culture</b>		
	The Enduring Myth of BlackCriminality	Video
	Why Black American Artist are becoming Art market Superstars	Video
	5 Music genre that would not exist without Black people	Video
	Black Excellist pt-1	Video
	The Greatest of all Time	Video
	Chuck D: Exposes the Industry	Video
	Tyler Perry Studio	Video
	Tyler Perry Studio Dedication	Video
	Cornel West moves Anderson Cooper to tears	Video
	Black Explorers 200 years befor Columbus	Video
	The Color Line	Video
	Let's get to the root of social injustice	Video
	Jamie Fox interviews Denzel Washington	Video
	Black Panthers white lies	Video
	Being a White student at a Historically Black College	Video
	History of Black Lives Matter Movement	Video
	James Baldwin Pin drop speech at Cambridge	Video
	Ice Cube has a message that makes Black Elites nervous	Video
	Angela Bassett makes heartfelt confession about Chadwick Boseman	Video

Men's Transition Assistant Program (TAP) Re-entry Tablet Programming Participation Sheet

	Family claims racial bias	Video
	Black History is Golden	Video
	The Truth about Black American Culture	Video
	Michael K Williams breaks down his career	Video
	Chadwick Boseman's tribute to Denzel	Video
	4 Generations share on being Black in America	Video
	Young Black Students need to see more Black Scholars	Video
	5 African American Inventors Improve the World	Video
	Terry Swoope Video commentary	Video
	Atlanta stroll to the Polls	Video
	Black Cowboys of the West	Video
	How Dave Chapelle lost the Chapelle show	Video
	Africa influence on Black Culture	Video
	Clarence Avant	Video
	Jamie Fox on the Black Godfather	Video
	The Black Godfather	Video
	2 Generations of Black Activist	Video
	African American Culture is not sacred	Video
	See Black Pastor Confront Trump	Video
	Samuel L Jackson, Wesley Snipes and Denzel Washington honor Spike Lee	Video
	Jesse Williams Speech	Video
	The Breakfast Club reacts to Riot at the Capitol	Video
	15 year old Kelvin Doe Wows M.I.T.	Video
	MLK Day Legacy of Service	Video
	NBA on MLK Day	Video
	Granddaughter of MLK inspiring words	Video
	Changes on MLK Day	Video
	Changes on MLK Day	Video
	Keedron Bryant & Rapper Samba perform Medley on MLK	Video
	Martin Luther King Jr. Day	Video
<b>CDL Training</b>		
	DC CDL Driving Manual	Info Sheet
	Suggestions on CDL Driving	Video
	General CDL Knowledge	Video
	CDL Road Knowledge	Video
	Class A CDL Skills Test Paralle Park	Video
	CDL School: 10 things to know before you go	Video
	How to pass CDL permit test on the first try	Video
	Is it worth going to CDL school in 2020 or not?	Video
	I got my CDL license at 19	Video

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	10 Things you need to know before you go to CDL School	Video
	CDL school vs Company Paid training	Video
	Pass the CDL test the first time	Video
	Small owner operator w/2trucks: Py, Income and Expenses	Video
	First year Owner Operator: Expectations vs Reality	Video
	What nobody really tells you about being a Owner Operator	Video
	The 5 (Unwritten) Rules to Truck Driver Manners	Video
	Truck Driver Salary	Video
<b>Hope Foundat.</b>		
	Substance Abuse Education Manual	Info Sheet
	Social Skills Week 2 Learning	Assignment
	Week 2 Handouts for Clients	Info Sheet
	Social Skills Week 3 Learning	Assignment
	Week 3 Handouts for Clients	Info Sheet
	Social Skills Week 4 Learning	Assignment
	Week 4 Handouts for Clients	Info Sheet
	Social Skills Week 5 Learning	Assignment
	Week 5 Handouts for Clients	Info Sheet
	Social Skills Week 5 Activity(1)	Assignment
	Social Skills Week 5 Activity	Assignment
	Social Skills Week 6 Learning	Assignment
	Social Skills Week 7 Learning	Assignment
	English-Social- Emotional	Info Sheet
	Social Skills- Pre-test Week 1	Info Sheet
	Social Skills Activities Week 6	Info Sheet
	Social Skills Lesson Plan Week 6	Info Sheet
	Social Skills Learning Week 7 (1)	Info Sheet
	Social Skills Learning Week 8	Info Sheet
	Social Skills Learning Week 9	Info Sheet
	Social Skills Learning Week 10	Info Sheet
	Social Skills Learning Week 11	Info Sheet
	English Social Emotional	Info Sheet
	Social Skills Post Test	Info Sheet
<b>Fatherhood</b>		
	Redefining Fatherhood	Video
	Nipsey Hussle Fatherhood and Integrity	Video
	Chris Rock on winning Fatherhood	Video
	TD Jakes on Fatherhood in the Black Community	Video
	Fatherhood Cartoon- Balancing the Books	Video
	What does it mean to be a Dad	Video

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	Promoting Responsible Fatherhood	Video
	Nipsey Hussle- Fatherhood	Video
	Preparing for Fatherhood	Video
	Black Men reflect on Fatherhood	Video
	Fatherhood	Video
	5 Things that make a Great Father	Video
	Solving the Fatherhood Crisis	Video
	Everything 2018 taught me about Fatherhood	Video
	Daddy Issues: A Fatherhood Podcast	Video
	How family courts are destroying Fatherhood	Video
	Fatherhood behind Bars	Info Sheet
	Children of Prisoners reunite with Father behind bars	Video
	Fathers behind bars making a difference	Video
	Scared Straight	Video
	Beyond Scared Straight, Father confronts Son	Video
	Beyond Scared Straight	Video
	Nothing But Net	Video
	Shawty discusses Black Fatherhood	Video
	American Black Journal	Video
	Dad shines a Light on Black Fatherhood	Video
	Celebrating Black Fatherhood	Video
	Kids crashing Dads interview	Video
	Tyrese: There's a Black Fatherhood Crisis	Video
	Do Black Women Value Fathers	Video
	Fatherless Daughters tend to date Motherless Sons	Video
	Discussing Manhood: Ask a Black man	Video
	Why we need to Break the Cycle of Father Absence	Video
	Real Man, Real Dad	Video
	Why Black Fathers matter	Video
	Life experiences shared by an incarcerated Father	Video
	The effects of an Absent Father	Video
	You were calling someone else Dad	Video
	Formerly Incarcerated Father opens up to Daughter	Video
	Joh David lied about being Denzel Washington's Son	Video
<b>Resources</b>		
	The Ready Center	Info Sheet
	MORCA	Info Sheet
	Voices for a Second Chance	Info Sheet
	The Hope Foundation	Info Sheet
	Coalition for the Homeless: Emery House	Info Sheet

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	Coalition for the Homeless: La Casa House	Info Sheet
	Coalition for the Homeless: Blair House	Info Sheet
	DC Central Central Kitchen	Info Sheet
	Jubilee Housing	Info Sheet
	Prison Smart	Info Sheet
	Healthcare for the Homeless	Info Sheet
	DOES	Info Sheet
	Catholic Charities	Info Sheet
	MBI Health Services	Info Sheet
<b>IOI</b>		
	Open Jay Sofer Body's	Video
	Thought Contemplation	Video
	Universal Believes	Video
	IOI don't go back to sleep meditation December 10,2020	Video
	Work Booklet #4	Video
	Work Booklet #5	Video
	Gratitude, loving, kindness meditation	Video
	Being with what is Body, Sounds, Breath	Video
<b>BUSINESS</b>		
	7 Income Steams to start a business	Video
	How to legally start a business- 8 steps	Video
	How to start a Business	Video
	How to start a business in 2021	Video
	Mark Vuban- Only morons start a business on a loan	Video
	7 Top Business Ideas you can sart with no money	Video
	How to start a T shirt business with \$300	Video
	A Guide for starting a successful business from scratch	Video
	Avoid doing these 7 things at all cost	Video
	Tips for starting a business in 2021	Video
	5 Steps to start your on-line business	Video
	High paing business ideas that anyone can start	Video
	How to start a small business during quarantine	Video
	Start a Business	Video
	How I run a successful business at 17	video
	Elon Musk- 5 Rules	Video
	LLC vs Sole Proprietor	Video
	LLC vs Sole Proprietor vs Corporation for Legal & Tax purposes	Video
	Avoid paying Taxes Legally: Home Base Business	Video
	Tax benefits for LLC vs Sole Proprietor vs Corporation	Video
	Should I put my personal residence in an LLC?	Video

































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