



## DISTRICT OF COLUMBIA DEPARTMENT OF CORRECTIONS

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# Program Statement

**OPI:** PROG  
**Number:** 4151.1D  
**Date:** October 18, 2010  
**Supersedes:** 4151.1C (12/21/08)  
**Subject:** Inmate Recreation Program

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1. **PURPOSE AND SCOPE.** To establish procedures for inmate recreation programs including program coordination and supervision, facilities and equipment, community interaction and activities initiated by inmates at the Central Detention Facility (CDF).
2. **POLICY.** It is the policy of the District of Columbia Department of Corrections (DOC) to encourage inmates to make constructive use of leisure time by providing recreation programs and activities, subject to safety and security requirements and the orderly operation of the Central Detention Facility.
3. **NOTICE OF NON-DISCRIMINATION**
  - a. Staff. In accordance with the D.C. Human Rights Act of 1977, as amended, D.C. Official Code §2.1401.01 et seq., (Act) the District of Columbia does not discriminate on the basis of race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, familial status, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income, status as a victim of an intra-family offense or place of residence or business. Sexual harassment is a form of sex discrimination that is also prohibited by the Act. Discrimination in violation of the Act will not be tolerated. Violators will be subject to disciplinary action.
  - b. Inmates. DOC prohibits discrimination against inmates based on race, religion, national origin, gender, sexual orientation or disability when making administrative decisions in providing access to programs .Discrimination on the basis of disability is prohibited in the provision of services, programs and activities.
4. **PROGRAM OBJECTIVES.** The expected results of the program are:
  - a. Inmates will be provided opportunities to participate in physical exercise and leisure activities.

b. Recreation programs and leisure activities will assist inmates in developing positive means of releasing tension and reduce idleness.

5. **AUTHORITY.** DC Code § 24-11.02, Powers; Promulgation of Rules [Formerly §24-442].

6. **DIRECTIVES AFFECTED**

a. **Directives Rescinded**

PS 4151.1C                      Inmate Recreation Program (12/21/08)

b. **Directives Referenced**

- 1) PS 1280.2                      Reporting and Notification Procedures for Significant Incidents and Extraordinary Occurrences
- 2) PS 2920.6                      Housekeeping
- 3) PS 4210.2                      Inmate Institutional Work Program
- 4) PS 5009.2                      Searches of inmates, Inmate Housing Units, Work and Program Areas
- 5) PS 5010.3                      Contraband Control
- 6) PS 5300.1                      Inmate Disciplinary and Administrative Housing Hearing Procedures

7. **STANDARDS REFERENCED**

a. American Correctional Association (ACA) 4<sup>th</sup> Edition Standards for Adult Local Detention Facilities: 4-ALDF-2A-64, 4-ALDF-2A-66, 4-ALDF-5A-01, 4-ALDF-5C-02, 4-ALDF-6B-02, 4-ALDF-6B-03, 4-ALDF-6B-05 and 4-ALDF-6B-08.

8. **GENERAL REQUIREMENTS**

- a. The Warden or designee shall provide inmates with opportunities to participate in recreational or leisure activities consistent with their housing status.
- b. The Warden or designee shall provide recreation and leisure activities and equipment that are appropriate and sufficient to meet the social, physical, psychological and overall wellness needs of inmates and that are consistent with the safety, security and orderly operation of the facility.

- c. Designated recreation staff shall issue recreation supplies to the housing units on a scheduled basis.
- d. Correctional Officers in the housing units shall issue and ensure inmates return recreation supplies.
- e. The housing unit Officer-in-Charge (OIC) shall inspect each inmate's property prior to an inmate's transfer or release to ensure that inmates do not remove recreation supplies from the unit.
- f. Shift Supervisors shall ensure that recreation supplies found during routine shakedowns in inmate's cells or property are confiscated, bagged and returned to the Recreation Specialist.
- g. Each housing unit Officer-in-Charge (OIC) shall ensure indoor, outdoor and isolated recreation activities are recorded in the unit logbook. Segregation unit staff shall record individual recreation activities for status inmates on the Segregation Activity Record (SAR).
- h. Each housing unit Officer-in-Charge (OIC) shall ensure that the number of inmate's reporting to outside recreation is recorded in the unit logbook.

## 9. RESTRICTIONS TO CANCELLATION OF RECREATION ACTIVITIES

- a. Inmate Population
  - 1) Only the Warden or designee shall cancel or terminate outside recreation and/or out-of-cell activities for the entire inmate population or for any group of inmates.
  - 2) *Notification of Temporary Cancellation.* When the Warden or designee cancels or terminates recreation activities based upon significant incidents, extraordinary occurrences or for extended periods of time, notification shall be made in accordance with PS 1280.2 *Reporting and Notification Procedures for Significant Incidents and Extraordinary Occurrences* and documented accordingly.
  - 3) Upon the Warden's approval, a Shift Supervisor or higher authority may cancel outside recreation when hazardous weather or other life threatening environmental conditions exist. The Warden shall rely on national weather alerts such as, but not limited to, ozone "Code Red", severe heat/humidity indexes, thunderstorms, and conditions that cause hypothermia. The Warden may also rely on the advice from the DC Homeland Security and Emergency Management Agency.
  - 4) The Shift Supervisor shall document in the shift report when recreation is delayed because due to occurrences that include, but are not limited to,

delays in clearing the count, facility wide shakedowns, significant security related operations and/or emergencies.

- 5) The Warden and/or designee shall monitor recreation activity delays and cancellations and shall make appropriate operational or program adjustments to minimize the delay or loss of exercise time.
- b. Canceling or Denying an Individual Inmate's Recreation Privileges
- 1) A Shift Supervisor or higher authority may temporarily deny or terminate an individual inmate's outside recreation and/or out-of-cell activities if he/she exhibits inappropriate behavior in accordance with PS 5300.1, *Inmate Disciplinary and Administrative Housing Hearing Procedures*.
  - 2) The denial or termination shall be documented in the unit logbook and notification made in accordance with PS 1280.2 in cases of significant incidents or extraordinary occurrences.
  - 3) A Correctional Officer or Supervisor below the rank of Captain **shall not** cancel, deny, terminate or restrict an inmate's recreation or out-of-cell time.

## 10. PROGRAM COORDINATION AND SUPERVISION

### a. Recreation Specialist

- 1) Designated recreation staff shall plan, organize, and implement recreation, special events, leisure activities and on-unit intramural activities for the inmate population.
- 2) Designated recreation staff shall develop and post activity schedules in the recreation office and housing units. Any changes in the schedule shall be approved by the Warden or designee.
- 3) Designated recreation staff shall ensure the programs meet the needs of the diverse inmate population.
- 4) Designated recreation staff shall ensure that a physical and visual shakedown is conducted of the recreation yards before the first recreation session begins and after each subsequent session.
- 5) Designated recreation staff shall ensure that outdoor recreation equipment is properly cleaned after each recreation session.
- 6) Designated recreation staff shall ensure that the recreation yards are free from debris, paper, trash, weeds, etc. When trash, paper, or recreation equipment is entangled in the razor wire the Recreation Specialist shall

submit a work order to the maintenance department for removal.

- b. **Recreation Aides.** Consistent with PS 4210.2 *Inmate Institutional Work Program*, inmates work as Recreation Aides under the direct supervision of the designated recreation staff. Recreation Aides are strictly prohibited from exercising control over or supervising other inmates.

## 11. RECREATION/OUT-OF-CELL SCHEDULE

### a. General Population (Male)

- 1) **Outside Recreation.** General population inmates shall receive outdoor recreation according to the established schedule.
- 2) **Inside Recreation.** Inmates in general population units shall receive six (6) hours of indoor out-of-cell activities per day for the purposes of physical exercise, leisure activities, social telephone calls, watching TV and attending to personal grooming such as hair cuts and showers.
- 3) **Leisure Activities.** Leisure activities shall be provided to general population inmates. These activities may include, but not be limited to, organized and informal games, sports, physical fitness, table games, art, unit intramural activities, social and cultural events, movies, and health education classes.

### b. General Population (Female and Juvenile Inmates)

- 1) **Outside Recreation.** Female and juvenile inmates when housed at CDF shall have outdoor recreation similar to that provided to general population male inmates.
- 2) **Inside Recreation.** Female and juvenile inmates when housed at CDF shall receive indoor out-of-cell activities similar to that provided to general population male inmates.
- 3) **Leisure Activities.** Female and juvenile inmates when housed at CDF shall be provided leisure activities similar to that provided to general population male inmates.

### c. Intake Inmates (Males and Females)

- 1) Inmates who have completed intake/orientation and are cleared for general population status shall receive outdoor recreation similar to that provided to general population inmates in accordance with the established schedule.
- 2) Inmates who have not completed intake/orientation within seventy-two (72) hours or are not cleared for general population status shall receive a

minimum of one (1) hour of inside recreation/out-of-cell activities per day, five (5) days per week.

- 3) Inside recreation/out-of-cell activities shall be provided according to the established unit schedule.

d. **Special Needs Inmates.** Inmates with a mental and/or physical condition that require different accommodations or arrangements than general population inmates normally would receive. This includes, but is not limited to, mentally ill, developmentally disabled, physically disabled, and infirmed inmates.

- 1) **Mental Health Unit Inmates (Males and Females)**

- a) **General Population**

- (1) General population inmates on the mental health unit shall have access to recreation programs, outside recreation, leisure activities and out-of-cell activities similar to that provided to the general population male inmates, unless restricted by the mental health staff for health concerns.

- (2) Mental health staff may provide additional recreation and/or leisure activities as appropriate for the inmates' overall psychological and wellness needs.

- b) **Mental Health**

Inmates with mental illness shall have access to recreation programs similar to that provided to general population inmates within the Mental Health Unit unless otherwise restricted by the mental health staff for health concerns.

- 2) **Inmates with Physical Disabilities and Infirmities (Males and Females)**

- a) Inmates with physical disabilities and infirmities shall receive outside recreation and out-of-cell activities consistent with their medical condition and contingent upon a clearance from the medical staff.

- b) Medical staff may provide additional recreation and/or leisure activities as appropriate for the inmates' overall needs.

12. **DRESS CODE.** All inmates shall be properly dressed during outside recreation and out-of-cell time.

- a. The inmate's jumpsuit shall be pulled up and buttoned at all times, including during and when moving to and from outside recreation or out-of-cell activities.

- b. Inmates are prohibited from wearing boxer shorts underwear as an outer garment for gym wear.
- c. Inmates are prohibited from wearing any unauthorized headgear or clothing on the recreation yard.
- d. Inmates shall wear their identification wristband at all times.
- e. Inmates are prohibited from taking any items to the recreation yards.

### 13. **INMATE CONDUCT**

- a. Inmates are required to conduct themselves in a manner consistent with facility rules of behavior and shall maintain good sportsmanship when participating in recreational activities.
- b. Inmates not adhering to this directive shall be subject to disciplinary and/or administrative action(s) in accordance with PS 5300.1C.

### 14. **SECURITY AND SUPERVISION DURING OUTSIDE RECREATION**

- a. **Escorts.** Correctional Officers shall escort all inmates to and from the outside recreation yards.
- b. **Searches**
  - 1) Correctional Officers shall thoroughly search the recreation yards and stairwells prior to and at the conclusion of each recreation period for contraband and recreation equipment.
  - 2) Correctional Officers shall pat search and conduct metal detection searches of inmates, who are participating in outside recreation, before exiting and upon return to the housing unit.
  - 3) Correctional Officers shall randomly pat search and conduct metal detection searches of inmates on the outside recreation yards. These searches shall be documented in accordance with PS 5009.2, *Searches of Inmates, Inmate Housing Units, Work and Program Areas*.
- c. **Security**
  - 1) Correctional Officers shall be stationed on the recreation yards to monitor inmate activities during each outside recreation period.
  - 2) Correctional Officers shall maintain accountability of the inmates at all times during each recreation period and as they travel to and from the

recreation yard.

**15. SECURITY AND SUPERVISION DURING INDOOR OUT-OF-CELL ACTIVITIES**

- a. **Searches.** Correctional Officers shall thoroughly search the gymnasium and all inside recreation areas prior to and at the conclusion of out-of-cell activities.
- b. **Security.** Correctional Officers shall constantly patrol the housing units during all out-of-cell activities to maintain accountability of all inmates.

**16. INSPECTIONS OF RECREATION AREAS, EQUIPMENT AND INMATES**

- a. Housing Unit Officers shall inspect recreation areas during routine unit inspections and report any maintenance problems to Facilities Management in accordance with PS 2920.6 *Housekeeping*. The Recreation Specialist shall also be notified of any deficiencies.
- b. Housing Unit Officers shall routinely inspect recreation equipment and report any deficiencies to the designated recreation staff for appropriate action.
- c. Designated recreation staff shall periodically inspect recreation areas and equipment for maintenance/repair or replacement, respectively. Any maintenance problems shall be reported to Facilities Management in accordance with PS 2920.6 *Housekeeping*.

- 17. EDUCATION MEDIA PROGRAM.** Pursuant to PS 4170.1 *Education Media Program*, CDF shall broadcast educationally enhancing media, preauthorized sports and special events, and local and national news during inmate leisure activity periods.

  
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Director